

# HOW TO SURVIVE SPIRITUALLY IN OUR TIMES

*Reinvent Yourself Spiritually to Thrive in a Changing World*

“That’s what the challenges of life are about. You learn to use them as a spiritual exercise to help you become stronger spiritually.” – Harold Klemp, *The Road to Spiritual Freedom*, p.179

## BC ECK REGIONAL SEMINAR MAY 18 – 20, 2018

Talks • Workshops • Creative Arts • Youth & Family Program  
MARY WINSPEAR CENTRE

2243 Beacon Avenue, Sidney, Vancouver Island, BC

FREE OPENING EVENT

FRIDAY, MAY 18

EXPERIENCE HU — THE SOUND OF SOUL

Light & Sound Exploration • HU Chant • Open Discussion

Creative Arts Exhibit 6 pm

Evening Program 7–9 pm

Keynote Speakers:

Susan & Rich Miller



Susan Miller is President of ECKANKAR and has worked at the ECKANKAR Spiritual Center for over 20 years. She has also served as the Regional ECK Spiritual Aide for Minnesota. Rich Miller has been in the IT industry for over 30 years and is currently working as an Enterprise Business Analyst for the ECKANKAR Spiritual Center. A professional musician, Rich has been an international performer for ECKANKAR for almost forty years. As guest speakers, Susan and Rich have travelled internationally to share the ECK teachings through talks and workshops. They enjoy seeing how the ECK, the Holy Spirit, touches the lives of people around the world.

Presented by ECKANKAR

*The Path of Spiritual Freedom*

TOLL FREE 1-800-708-9060



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## Everyone Welcome!